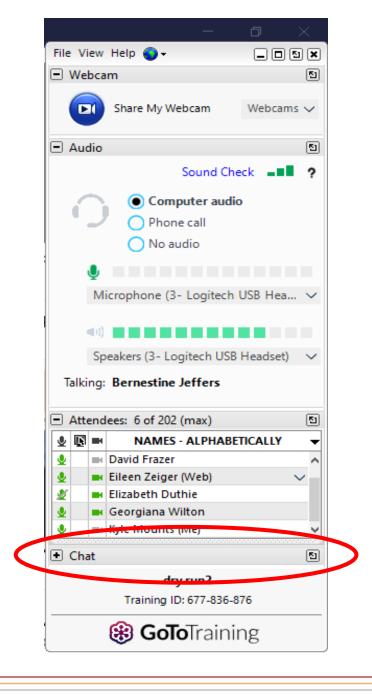
### Introductions

- Thank you for joining us today.
- To introduce yourself, please enter your name and agency/organization in the chat box and send to all.







Wisconsin Collaborative of Treatment Professionals FOR EDUCATION AND CAPACITY TRAINING

# Welcome and Thank You for attending the

Wisconsin Collaborative of Treatment Professionals
FOR
EDUCATION AND CAPACITY TRAINING
Event today



Wisconsin Collaborative of Treatment Professionals FOR EDUCATION AND CAPACITY TRAINING

# SOARing Past the Pandemic

## ECHO Etiquette

- Stay muted when we are not speaking to reduce extraneous noise
- Use the "raise hand" function to ask a question or make a comment, or put it in the Chat Room
- Be respectful of everybody, even if their ideas don't resonate with you
- Never disclose protected health information or any identifying information regarding the case study
- Help us keep the learning environment productive, positive, helpful, and safe



### Reminders

- If you ever have questions or comments about any of our programs, please use the "Contact" function on the Wisconsin CONNECT website
- The didactic will be recorded and posted on the website along with responses to your questions.
- This is your last chance to "introduce yourself" to your colleagues in the chat room. Once the didactic begins, we'll reserve that space for questions.
- If the PowerPoint slides aren't large enough on your screen, drag the "gray bar" above the slide up or down to change the size—and you can remove the webcam coverage to just see the slides.



### Accreditation for CME and CNE

#### • CME

- The Wisconsin Association for Perinatal Care (WAPC) is accredited by the Wisconsin Medical Society to provide continuing medical education for physicians.
- The Wisconsin Association for Perinatal Care (WAPC) designates this internet live course for a maximum of 1 AMA PRA Category 1 Credit<sup>TM</sup>. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

#### • CNE

- The Wisconsin Association for Perinatal Care (WAPC) is approved as a provider of nursing continuing professional development by the Wisconsin Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.
- This internet live activity meets the criteria for a maximum of 1 contact hour.

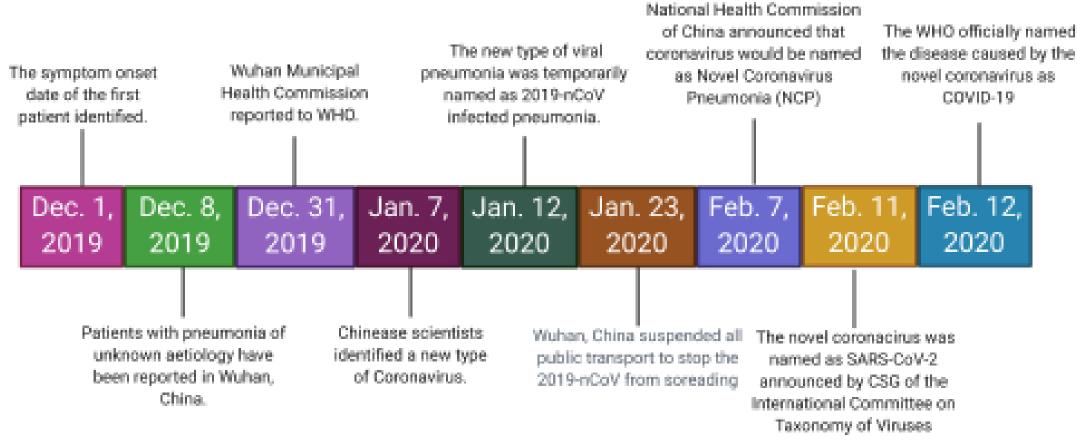


# Objectives

- Describe the strength-based strategic planning process, *SOAR* (Strengths, Opportunities, Aspirations, Results);
- Demonstrate the use of an abbreviated SOAR;
- Discuss potential strategies for changes in the service continuum post-Covid.



#### Timeline





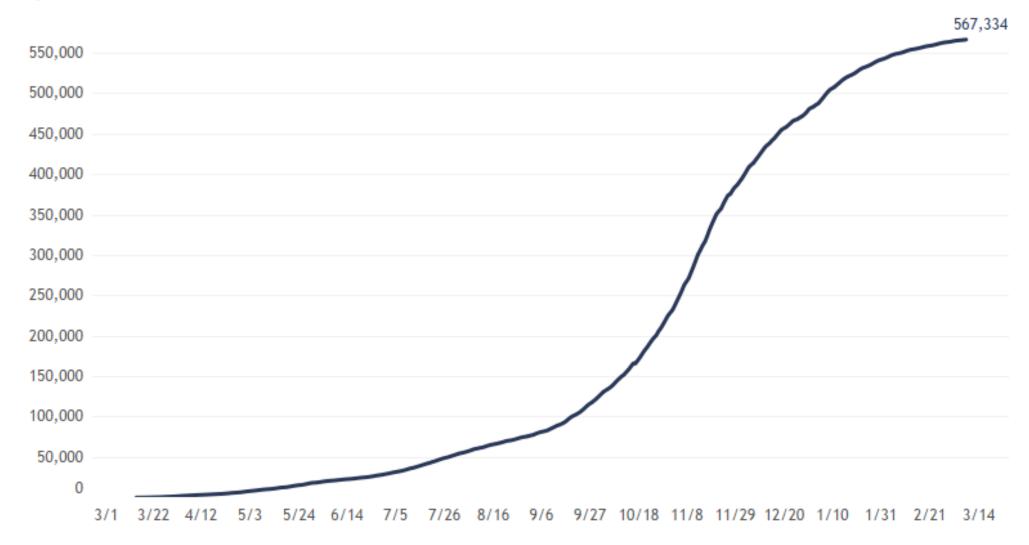
FOR EDUCATION AND CAPACITY TRAINING

Mojijur M et al., 2021

#### Cumulative total confirmed COVID-19 cases by date confirmed

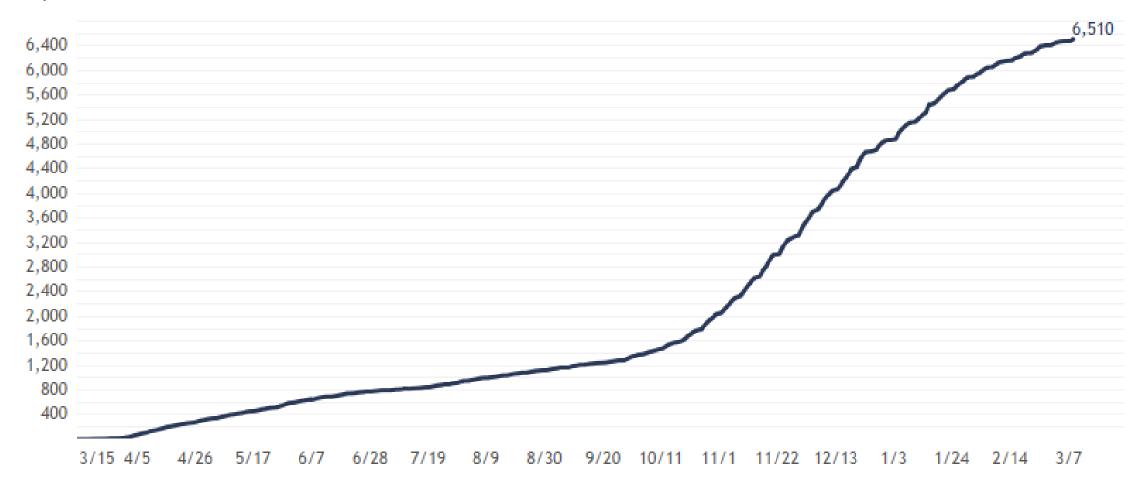
Updated: 3/9/2021

Wisconsin Collaborative of Treatment Professionals FOR EDUCATION AND CAPACITY TRAINING



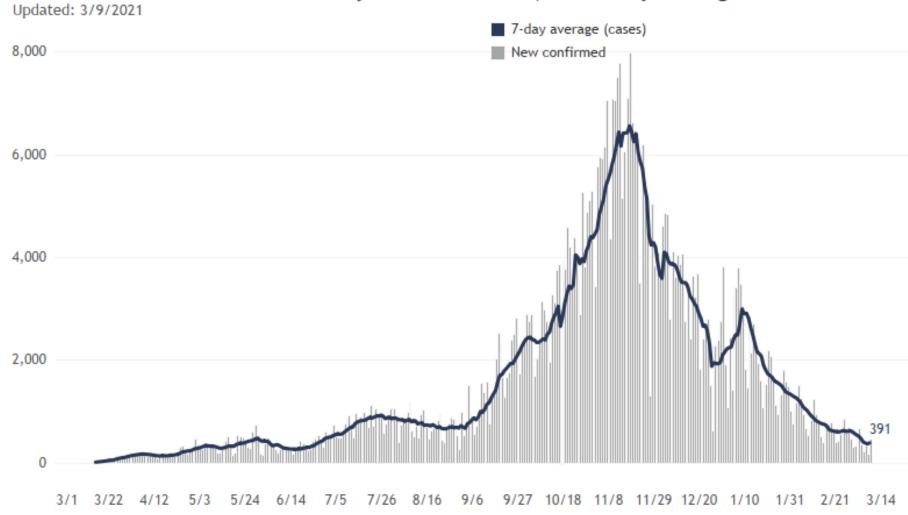
#### Cumulative total deaths among confirmed COVID-19 cases by date reported

Updated: 3/9/2021





#### New confirmed COVID-19 cases by date confirmed, and 7-day average









**WE PROMOTE COVID-19 SAFETY GUIDELINES:** 

WEARING FACIAL COVERINGS







together

#### Stay Strong, Wisconsin

ak that all of you nt COVID-19 aren't

st two weeks the numb flu cases from 15.4% to 4.2% in has dro I distancing, washing hands.

for COVID-19. n work for

#### Continued Birth to 3 Services During COVID-19

The Birth to 3 Program is here to help children grow and learn to their fullest potential. We are still open to receive referrals and continue, or start, services.

Constant support through uncertain times

Help us reach children with suspected or diagnosed developmental delays or disabilities.



Physicians.

developmental Others working with children...

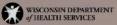




can help by taking note of

concerns.

#COVID19 WI



HIDDODAYS 3PM on ZOOM (FLIVE

# #wimusicstrong Together

#### Seatured speakers



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#### moderators



SPONSE and DR. LYLE IGNACE, M.D. M.P.H

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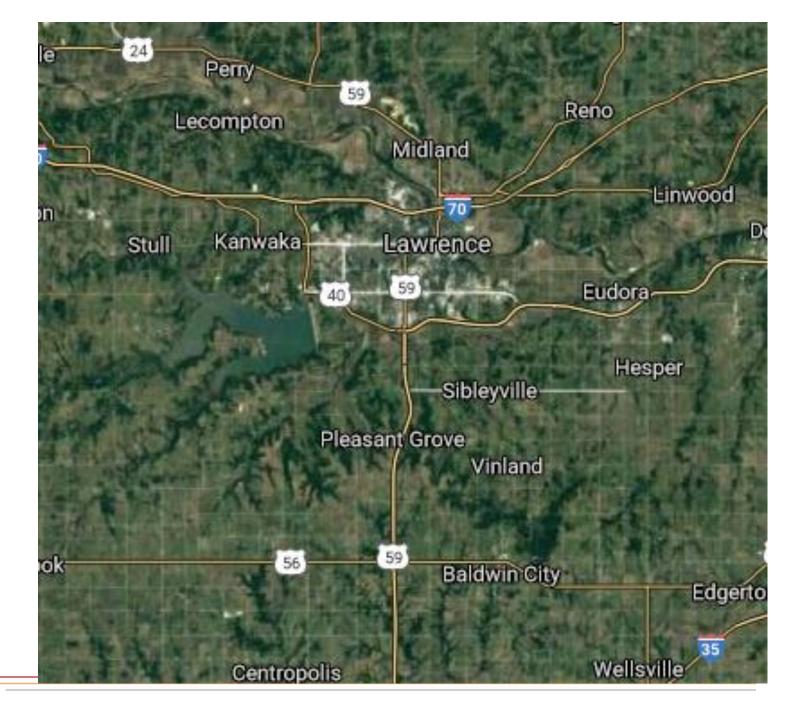
## Stronger Together

- Communities of practice (CoP): groups of people who share a concern, a set of problems, or a passion about a topic, and who deepen their knowledge and expertise in the area by interacting on an ongoing basis
- Just prior to COVID-19, CoP in Ohio's rural and Appalachian region launched
- Faced with challenge of opioid epidemic and COVID pandemic
- Used the strong foundation of the CoP to share innovative strategies and exchange resources



If I claim to be a wise man, well it surely means that I don't know.

-Kansas





# Providing services during a pandemic

- Self-Management and Recovery Training (SMART Recovery)
- March 2020, community agencies where meetings were held were suddenly closed
- Community leaders and trained facilitators established telephone-based SMART Recovery line (one-on-one, phone-in service, based on SMART Recovery principles)
- Evaluation in process



### Lessons learned

- Establish plans to migrate services from face-to-face settings to remote platforms
- Consider remote platforms that are easily accessible, including simple telephone hotline-like services
- Include as many stakeholders as possible
- Consider recruiting volunteers in provision of services
- Anticipate and prepare for crises well before they occur



# op·por·tu·ni·ty

/ˌäpərˈt(y)oonədē/

noun

a set of circumstances that makes it possible to do something.



## COVID-19: A catalyst for change...

Patient-Level Prescriber-Level Systems-

- Social isolation increases environmental risks of addiction and overdose
- Decreased access to drug of choice, leading to involuntary withdrawal
- Decreased physical access to medications during isolation and quarantine
- Decreased access to psychosocial treatment, regular providers
- Insufficient access to audio-visual software and cell phones with data
- Lack of in-person visits can pose a barrier in building rapport with patients
- Decreased availability of objective data (urine toxicology, physical exam)
- Need to be cognizant of pharmacy hours, medicaiton delivery mechanisms
- Influx of patients with OUD without insurance, primary care
- Lack of DATA 2000-waivered providers
- Lack of OUD pharmacotherapies options

Mehtani NJ et al., 2021

# Addiction Telehealth Program (ATP)

- Telephone-based program to reduce access barriers for people with SUD
- Necessitated changes to legal requirements related to telephoneand telehealth-based encounters
- Adapted for unmet substance use treatment needs at Isolation and Quarantine sites (city-sponsored hotels)
- Offered opportunities to serve people with alcohol use disorder and to offer advanced harm-reduction strategies
- Effective initiating buprenorphine for OUD with minimal harms



## Revisiting the concept of harm reduction

- Prior to COVID-19, individuals with severe AUD and homelessness faced significant barriers to accessing temporary accommodations
- Then, COVID
- Strategic change in philosophy to harm reduction advocating for identification and proactive management of:
  - Any factors anticipated to compromise outcome of an intervention;
  - Potential side effects associated with the intervention
- Possible strategies included
  - Pharmaceutical alternatives (e.g., naltrexone)
  - Housing programs



### A DIFFERENT APPROACH TO STRATEGIC PLANNING

# SOAR BUILDING STRENGTHS-BASED STRATEGY



### What is SOAR?

- SOAR- Strengths, Opportunities, Aspirations and Results
  - A more strength-based spin than SWOT (Strengths, Weaknesses, Opportunities and Threats)
- A strategic planning framework that...
  - Focuses on strengths
  - Seeks to understand the whole system by including the voices of the relevant stakeholders.
- Helps organizations focus on:
  - What they are doing well,
  - What skills can be improved and
  - What is most compelling to stakeholders.
- Pushes organizations to develop strategic plans that are more dynamic, creative and optimistic.



#### Strengths

What can we build on?

#### **O**pportunities

What are our stakeholders asking for?

#### Aspirations

What do we care deeply about?

#### Results

How do we know we are succeeding?



### SWOT VS. SOAR

SWOT Analysis	SOAR Approach
Analysis Oriented	Action Oriented
Weakness and Threat focus	Strengths & Opportunities focus
Competition focus- Just be better	Possibility focus- Be the best!
Incremental improvement	Innovation breakthroughs
Top down	Engagement at all levels
Focus on analysis→ Planning	Focus on Planning → Implementation
Energy depleting- <i>There are</i> so many weakness and threats!	Energy creating- We are good and can become great!
Attention to Gaps	Attention to Results



# Activity

• 11:24-11:28 Strengths: Consider what you have changed because of COVID19, what are you doing really well? What do you think are strengths that have arisen in your service provision since COVID19? What have you been proud of?

• 11:29-11:33 Opportunities: What new opportunities has COVID19 provided? Where do you see opportunities to improve service based on your new insights?

• 11:34-11:39 Aspirations: Considering the strengths and opportunities, how can you improve services for your participants? How might your future services change?



### Conclusions

- Strength is using what you have.
- Opportunity is realizing what you can do.



# Closing

- Thank you for participating.
- Plan to attend the next ECHO
  - March 8 from 11:00-12:00
  - Topic: *TBD*
- You will receive an email following this session with a link to an evaluation. Please take the time to fill it out and help us make this ECHO as useful to you as possible. If you want CME credits, and evaluation is required.

