

Introductions

- Thank you for joining us today.
- To introduce yourself, please enter your name and agency/organization in the chat box and send to all.



Wisconsin Collaborative of Treatment Professionals
FOR EDUCATION AND CAPACITY TRAINING

Welcome and Thank You
for attending

ECHO Etiquette

- Stay muted when we are not speaking to reduce extraneous noise
- Use the “raise hand” function to ask a question or make a comment, or put it in the Chat Room
- Be respectful of everybody, even if their ideas don’t resonate with you
- Never disclose protected health information or any identifying information regarding the case study
- Help us keep the learning environment productive, positive, helpful, and safe

Reminders

- If you ever have questions or comments about any of our programs, please use the “Contact” function on the Wisconsin CONNECT website
- The didactic will be recorded and posted on the website along with responses to your questions.
- This is your last chance to **“introduce yourself”** to your colleagues in the **chat room**. Once the didactic begins, we’ll reserve that space for questions.

Accreditation: CME

- This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of the Wisconsin Association for Perinatal Care (WAPC) and the Center for Urban Population Health (CUPH).
- The Wisconsin Association for Perinatal Care (WAPC) is accredited by the Wisconsin Medical Society to provide continuing medical education for physicians.
- The Wisconsin Association for Perinatal Care (WAPC) designates this internet live course for a maximum of 1 *AMA PRA Category 1 Credit™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.
- To receive credit, participants must attend the entire activity.

Disclosures: Planners/Faculty

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No one in control of content has any relevant financial relationships with ineligible companies.*

*Ineligible companies are those whose primary business is producing, marketing, selling, reselling, or distributing healthcare products used by or on patients.

PREG2REC

THE VALUE OF PEER PROVIDERS FOR BIRTHING PEOPLE

TANYA KRAEGE

**APSW, CSAC, MSW, CCAR COACH,
CCAR TRAINER, WI CPS TRAINER**



DISCLOSURE

I HAVE NO DISCLOSURES TO MAKE

LEARNING OBJECTIVES

01

Understanding how to define and communicate your programs definition of family

02

Understanding the role of peers working with the family.

03

Developing the peer match process for pregnant women and their family members.

SAFE COMMUNITIES MDC

- Non-profit membership injury prevention coalition
- Falls Prevention
- Zero Suicide
- Traffic Safety
- Drug Poisoning Prevention-Peer providers (Recovery Coaching and Certified Peers), harm reduction initiatives and the African American Opioid Coalition (AAOC)

PEER PROGRAMS AT SAFE COMMUNITIES

- ED2Rec 2016
- Preg2Rec 2017
- Jail2Rec 2018
- UW Hub and Spoke
- Department of Corrections (DOC) 2020
- Comprehensive Community Services (CCS) 2021
- All2Rec 2019
- TRC2Rec 2019
- D2R 2019
- TULA App 2020
- Jefferson County 2021
- Family Peer Providers 2019

LIVED EXPERIENCE

Peer providers are not the only people with lived experience.

Peer providers have been able to build a career stemming from their lived experience.

Clinicians have been discouraged from being able to share their lived experience.

Admission of lived experience viewed as a weakness does not contribute to a well workplace.

WHAT IS A CERTIFIED PEER SPECIALIST?

WISCONSIN DEPARTMENT OF HEALTH SERVICES (DHS) CERTIFIED PEER SPECIALIST

- 48 hours of training
- Lived experience
- Mental health and substance use
- Currently billable under Medicaid
- Person centered planning
- Exam and certification
- Code of ethics
- Core competencies

PREGNANCY2RECOVERY

- Mission: To provide birthing parents and their families with personalized support, resources and coaching to aid them in reaching their recovery goals.
- P2R program links OB patients with substance use challenges to a peer provider who's been through substance use challenges during pregnancy in their past.
- Initial focus on Opioid addiction, although can help with co-occurring Rx Med abuse or alcohol abuse
- Recovery Coaches/peer providers are certified through Connecticut Community for Addiction Recovery program (CCAR), Wisconsin Certified Peer Specialists (CPS) and Doula trained through Doulaing the Doula.

KEY PROGRAM FEATURES

Use peer to peer relationships with shared experiences to present a recovery lifestyle.

Educate and provide resources for birth parent regarding Medication for Addiction Treatment (MAT).

Support birthing parents with Opioid Use Disorder (OUD) in developing skills to advocate for care for themselves and their children.

The recovery coaches connect expectant parents to appropriate treatment resources, groups, and community services to help them navigate the challenges that come with babies going through withdrawal after being born.


KEY PROGRAM FEATURES

Relationship with a para-professional that is free of stigma and may provide more candor than with some professionals.

Focuses on collaboration and coordination of care to produce successful outcomes for birthing person and child.

Can support during pregnancy and then up to three months after birth of child.

ROLE OF THE PEER PROVIDER

- Advocate for needs to be met and be treated with dignity and respect.
 - Encourage a comprehensive treatment model by connecting all providers and agencies involved with birthing parent.
 - Brokering for resources: Housing, food, substance use and mental health treatment, baby needs, childcare assistance.
 - Assisting with employment needs.
 - To be that person who understands, is patient and free of judgment.
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STIGMA

In 1956 the American Medical Association declared addiction a disease.

The World Health Organization did a study in 2001 and found “Addiction” to be the most stigmatized word in the world (Room, Rehm, Trotter, Paglia, & Üstün, 2001).

Stigma is consistently found to have a detrimental effect on psychological well being, found in a meta-analysis of research (Kalusza, Larimer & Roa, 2013).

We only get through stigma by personalizing the group and humanizing their struggles.

Stigma can also extend beyond people with lived experience. It can apply to formalized education.

JOURNEYS

**A FEW SNIPPETS OF THE RELATIONSHIPS
WE HAVE HAD**

“In a shifting health care field that has a desire to become more recovery-oriented, we regularly hear from communities, systems and organizations the question – “can you give us an example; tell us or show us a community that has achieved this?” It’s the same for individuals and families who have the same desire to shift and transform their lives. They want and deserve our efforts to motivate them; to walk alongside them; and to show them that they are capable, brave and significant even when it feels like they’re not. They are deserving, worthy and can have the life that they dream of. Who better than a peer to serve as that shining light and example of the way forward”. – **Lonnetta Albright**



QUESTIONS?

RESOURCES

- *Peers Supporting Recovery From Substance Use Disorder*, Substance Abuse and Mental Health Services Administration. This pamphlet describes peer recovery services and sources of evidence for peer recovery coaching. https://www.samhsa.gov/sites/default/files/programs_campaigns/brss_tac/peers-supporting-recovery-substance-use-disorders-2017.pdf
- *Supervisor Guide: Peer Support Whole Health and Wellness*, Georgia Department of Behavioral Health and Developmental Disabilities. This manual outlines essential foundations of the Peer Support Whole Health and Wellness Coach Role, including the scope of practice, key roles, responsibilities, and tasks. https://www.integration.samhsa.gov/Supervisor_Guide_to_Peer_Support_Whole_Health_and_Wellness_-_2013.pdf
- Brohan E, Slade M, Clement S, Thornicroft G. Experiences of mental illness stigma, prejudice and discrimination: a review of measured. *BMC Health Serv Res*, 2010;10:80. <https://doi.org/10.1186/1472-6963-10-80>.
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- Global Evidence for Peer Support: Humanizing Healthcare. Peers for Progress. Peer Support Around the World. http://peersforprogress.org/pfp_headline/global-evidence-for-peer-support-humanizing-health-care/
- Substance Use Disorder Peer Supervision Competencies. The Regional Facilitation Center. http://www.williamwhitepapers.com/pr/dlm_uploads/Peer-Supervision-Competencies-2017.pdf
- Chapman SA, Blash LK, Mayer K, Spetz J. Emerging Roles for Peer Providers in Mental Health and Substance Use Disorders. *Am J Prev Med*. 2018;54(6 Suppl 3):S267-S274. doi:10.1016/j.amepre.2018.02.019.
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- Peer Integration and the Stages of Change Toolkit. Office of Alcoholism and Substance Abuse Services. <https://oasas.ny.gov/system/files/documents/2019/08/PeerIntegrationToolkit-DigitalFinal.pdf>
- Addressing Unconscious Bias. The Royal Society. <https://www.youtube.com/watch?v=dVp9Z5k0dEE>
- <https://www.center4healthandsdc.org/map-of-national-peer-training-programs.html>