

# Moving from Trauma Informed to Trauma Responsive

Day 2

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# Kick-Off

## Day 2:

- Discussion: past successes
- Breakout: Developing a guide team
- Review: 5 values
- Discussion: Examples
- Break out: Brainstorming session on Safety and an additional assigned value
- Handout needed: Implementation Plan
- Next Steps

# Discussion

- Past successes with project implementation



# Creating a Guide Team

- Choose Team Leader (or co-leaders)
- Team Leader needs to have authority to make decisions and is respected by others
- Have representation from different departments or areas, including trauma and gender champions
- Have representation from those who are receiving services (or have)
- 8-10 people
- Visibility, internal/external “advertising”
- Endorsement from the top
- Mindful of the stage of change

# Breakout

- Brainstorm ideas, barriers, and solutions regarding guide team development



# Core Values of Trauma-informed Services

- Safety:** Physical and emotional; space; consistency; explanations; maximizing control
- Trustworthiness:** Following through; model trust; maintaining appropriate boundaries; and making tasks clear
- Choice:** Emphasizing individual choice and control; informed consent

(Fallot & Harris, 2006; Fallot & Harris, 2008).

# Core Values of Trauma-informed Services

(cont.)

**Collaboration:** Solicit input; acknowledge insights about themselves; explain options

**Empowerment:** Teaching skills; provide tasks where they can succeed

(Fallot & Harris, 2006; Fallot & Harris, 2008).

# Discussion

- Examples of what has already been done in each of the 5 values





# Breakout

- Brainstorming on Safety and an additional assigned value



# Next Steps

## December (month 1)

- Develop Guide Team

## January (month 2)

- Guide Team begins meeting at least once per month
- Film site (as in a virtual site visit)

# Next Steps

## February (month 3)

- Site review returned to each site(Eileen)
- Initial implementation plan developed by guide team
- Training in *Understanding Trauma* and *The Importance of Staff Care* (if needed)

## March (month 4)

- Cohort meeting #1